


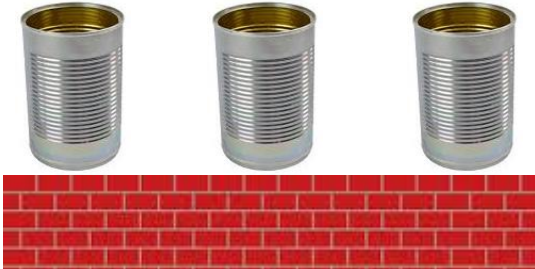
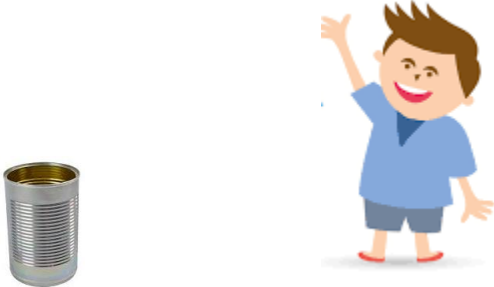
Bean Bag Toss

This game is a great way to practise over and under-hand throws and gross motor control.

What you need:

<p>Empty food or drink cans</p> 	<p>Bean bag/small ball</p> 
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How to play:

<p>1. Line up some empty cans on a low wall/box/the ground.</p>	
<p>2. Stand 1-2metres away from the cans.</p>	
<p>3. Toss the bean bag at the cans and see how many turns it takes you to knock them all down!</p>	